

Pre-Fire and Pre-Mishap Plans

Related Videos

Code	Title	Description	Time
O1	GETTING THE FACTS (INDUSTRIAL TRAINING SYSTEMS)	Discusses how to conduct an effective accident investigation. Discusses causes of accidents, the conditions, and unsafe acts.	20 mins
M7	HAND AND WRIST INJURIES	Talks about wrist fractures, hand sprains, finger tip injuries, lacerations or cuts and nerve compressions.	7 mins
O5	HIGHWAY CONSTRUCTION & MAINTENANCE SAFETY	Discusses the role of signs, flags, and barricades at road worksites. Gives company policy on safe operating procedures for highway construction and maintenance.	7 mins
K2	HYPOTHERMIA/ FROSTBITE	Discusses the dangers of hypothermia, frostbite and the proper way to avoid them.	15 mins
O6	JOB SAFETY ANALYSIS	Talk about repetitive motion/ cumulative trauma disorders in the work place. Ergonomic tools used in your work facility and computer stations.	17 mins
L1	JUDGEMENT ON THE WATER	Teaches various safety techniques and precautions when using small boats.	24 mins
M18	MAINTENANCE SAFETY (HIGH IMPACT)	This program uses two accidents to illustrate three principles that can help you build a wall of safety to protect you from hazards such as ladder, gas cylinder, lock out, and contractor safety.	19 mins
H2	PREVENTING CUTS	Very good video explaining how to prevent cuts and strains by using common sense.	10 mins
H6	RECOGNIZING SUDDEN ILLNESS	How to react when and emergency arises and what to do.	14 mins
L5	RECREATIONAL SAFETY FOR EMPLOYEES	Safety procedures for employees engaged in sports activities	19 mins
O8	SAFE LIFTING	Demonstrates in a unique and entertaining way the basics of proper lifting, plus check the path to avoid slips, trips, and falls. Avoids twisting while lifting and	5 mins

		how to push not pull.	
O11	SAFETY ATTITUDES AND PRACTICES	Motivates employees to develop safety attitudes and habits, possible hazards and precautions, and proper housekeeping	17 mins
M28	SOME MISTAKES LAST FOREVER	Simple but effective lifesaving message used to follow approved work practices.	18 mins
O10	SYNTHETIC LINE SNAP BACK	How to tend lines aboard ships and on the pier. Shows the danger zones when handling line and provides discussions with personnel that have actually experienced line snap back mishaps.	20 mins
H3	TREATING COMMON INJURIES	Facts that knowing a few simple principles can save lives.	15 mins
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